

Healthy Edge Lite™ Software Scale Measurement

Name Carolina Muñoz Martín

Age/Gender 38 Male

Date/Time 7/12/23 9:13 AM

Height 160.0 cm

Analyzer BC-1500

Results

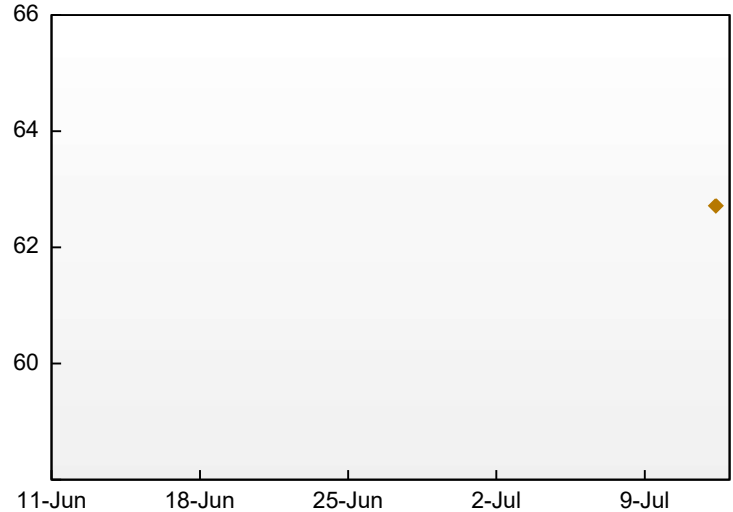
Weight	62.7 kg
Body Mass Index (BMI)	24.5
Body Fat %	28.5 %
Body Fat Mass	17.9 kg
Body Fat Range	Obese
Fat Free Mass	44.8 kg
Visceral Fat Rating	9
Body Water %	51.4 %
Body Water Mass	32.2 kg
Muscle Mass	42.5 kg
Bone Mass	2.3 kg
Basal Metabolic Rate	1343 kcal
Metabolic Age	60.0 yrs
Daily Calorie Intake	2082 kcal
Physique Rating	1-Hidden Obese

Segmental Data

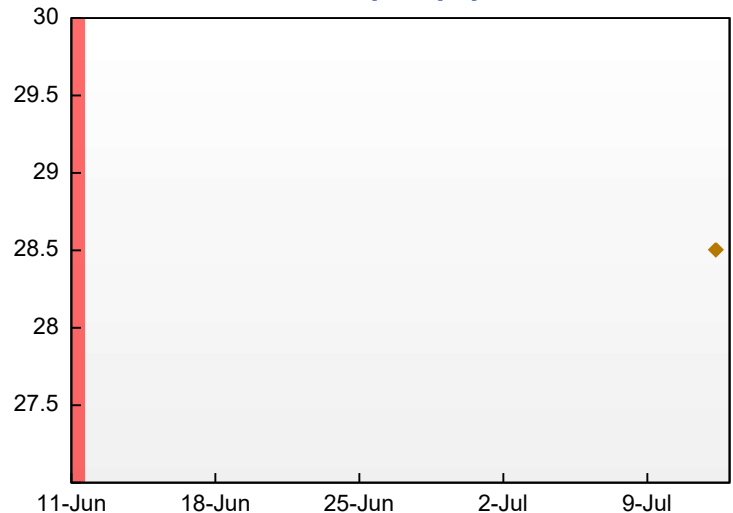
	Left Leg	Right Leg	Left Arm	Right Arm	Trunk
Fat	22.5 %	23.5 %	26.6 %	26.4 %	32.2 %
Muscle Mass	7.9 kg	7.9 kg	2.2 kg	2.3 kg	22.3 kg

Last 30 Days

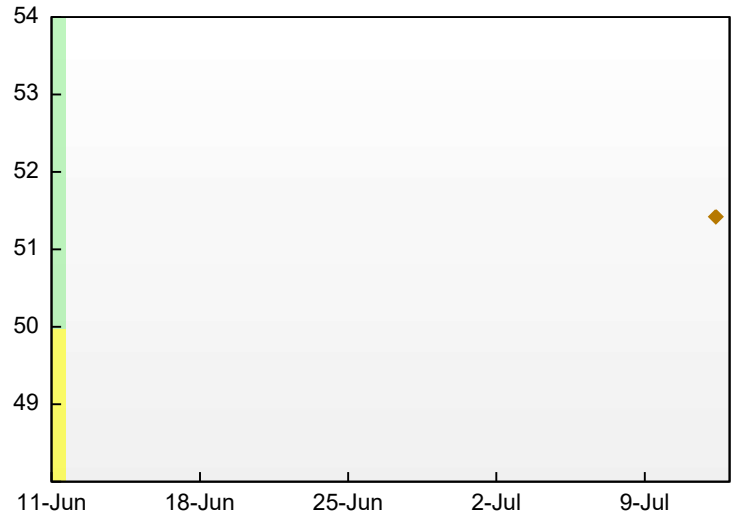
Weight (kg)



Body Fat (%)

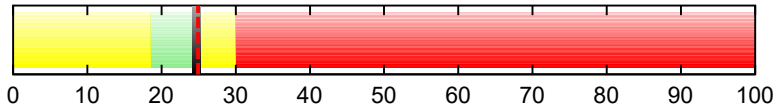


Body Water (%)



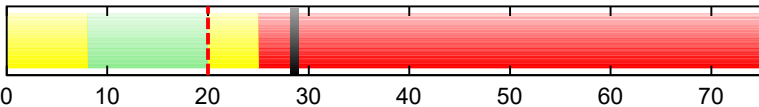
Body Mass Index (BMI)

24.5



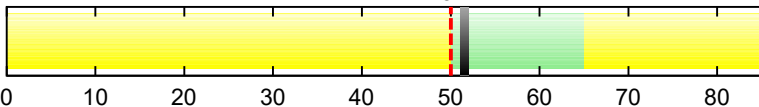
Body Fat (%)

28.5



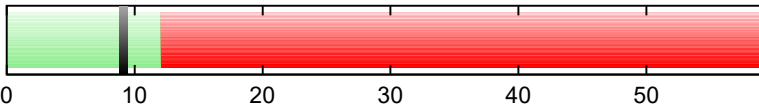
Body Water (%)

51.4



Visceral Fat Rating

9



Analysis for 38 year old Male

Goal