

Healthy Edge Lite™ Software Scale Measurement

Name	Karina Alcalá	Age/Gender	37 Female	Date/Time	8/25/25 12:17:01 PM
		Height	165.0 cm	Analyzer	BC-1500

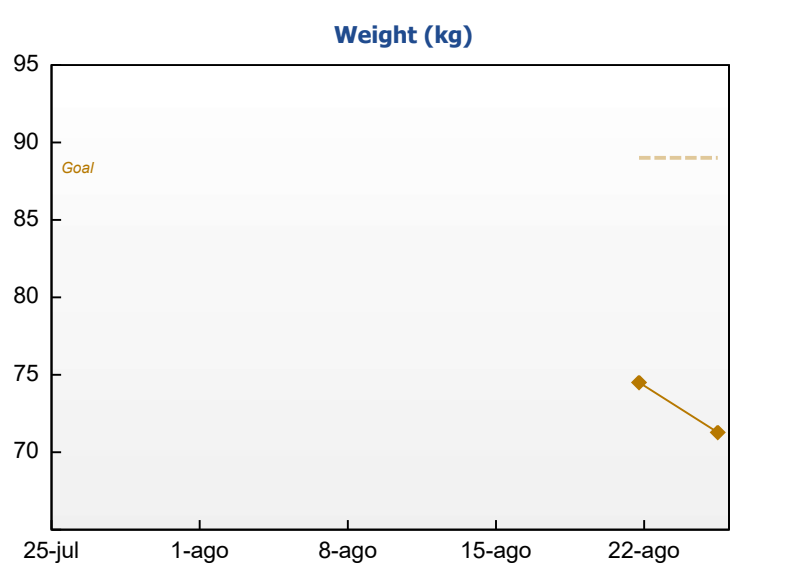
Results

Weight	71.2 kg
Body Mass Index (BMI)	26.2
Body Fat %	37.1 %
Body Fat Mass	26.4 kg
Body Fat Range	Overfat
Fat Free Mass	44.8 kg
Visceral Fat Rating	6
Body Water %	46.5 %
Body Water Mass	33.1 kg
Muscle Mass	42.5 kg
Bone Mass	2.3 kg
Basal Metabolic Rate	1375 kcal
Metabolic Age	53.0 yrs
Daily Calorie Intake	2145 kcal
Physique Rating	2-Obese

Segmental Data

	Left Leg	Right Leg	Left Arm	Right Arm	Trunk
Fat	39.5 %	39.9 %	37.5 %	37.3 %	35.4 %
Muscle Mass	7.1 kg	7.2 kg	2.2 kg	2.1 kg	24.0 kg

Last 30 Days



Analysis

